



## The Perth Radiological Clinic Difference

- > 19 convenient locations
- > Caring, helpful and professional staff
- > State of the art diagnostic equipment
- > Over 60 specialist radiologists, trained to provide you with accurate and reliable results
- > World class digital imaging networking between clinics provides the benefit of second opinions from specialist radiologists, no matter which of our clinics you attend.

For more information about any of our services, please visit our website:

[www.perthradclinic.com.au](http://www.perthradclinic.com.au)

An appointment has been made for you

Location \_\_\_\_\_

Time \_\_\_\_\_

Date \_\_\_\_\_

### Barium Enema Location Guide

<p><b>Armadale</b> 3056 Albany Hwy Ph: 9391 2010 Fax: 9391 2019 Mon - Fri 8.30 - 5.00</p>	<p><b>Gosnells</b> 122-126 Stalker Road Ph: 9394 9966 Fax: 9394 9960 Mon - Fri: 8.30 - 5.00</p>	<p><b>Mount Medical Center</b> L2 140 Mounts Bay Rd, Perth Ph: 9424 4600 Fax: 9424 4630 Mon - Fri: 8.00 - 5.30 Sat: 9.00 - 12.00</p>
<p><b>Beldon</b> Cnr Ocean Reef Rd &amp; Eddystone Ave Ph: 9307 8088 Fax: 9307 8115 Mon - Fri: 9.00 - 5.00</p>	<p><b>Innaloo</b> 8 Odin Road Ph: 9445 9888 Fax: 9445 9808 Mon - Fri: 8.30 - 5.00</p>	<p><b>Nollamara</b> 217 Wanneroo Road Ph: 9344 1632 Fax: 9440 4420 Mon - Fri: 8.30 - 5.00 Sat: 8.30 - 12.00</p>
<p><b>Belmont</b> Unit 6, 321 Abernethy Road Ph: 9277 2111 Fax: 9277 3433 Mon - Fri: 8.30 - 5.00</p>	<p><b>Joondalup</b> Reid Promenade Ph: 9400 0600 Fax: 9300 2856 Mon - Fri: 8.30 - 5.00 Sat: 8.30-12.00</p>	<p><b>Rockingham</b> 215 Willmott Drive, Waikiki Ph: 9592 1222 Fax: 9592 9893 Mon - Fri: 8.30 - 5.00 Sat: 8.30 - 12.00</p>
<p><b>Bentley Hospital</b> B Block, Mills Street Ph: 9458 1373 Fax: 9350 5644 Mon - Fri: 8.30 - 5.00 Sat: 8.30 - 12.00</p>	<p><b>Joondalup Health Campus</b> Shenton Ave Ph: 9400 0500 Fax: 9400 9033 Mon - Fri: 8.30 - 5.30 *On-call service 24/7</p>	<p><b>South Perth</b> 1 Burch Street Ph: 9474 7600 Fax: 9474 7630 Mon - Fri: 8.30 - 5.00</p>
<p><b>Bethesda Hospital</b> 25 Queenslea Drive Claremont Ph: 9286 0400 Fax: 9286 0430 Mon - Fri: 8.30 - 5.00</p>	<p><b>Kalamunda</b> Elizabeth Street Ph: 6293 1799 Fax: 6293 1781 Mon - Fri: 8.30 - 5.00</p>	<p><b>Subiaco</b> 127 Hammersley Rd Ph: 9380 4888 Fax: 9380 4188 Mon - Fri: 8.30 - 5.00</p>
<p><b>Booragoon</b> 260 Leach Highway Ph: 9317 8488 Fax: 9317 8368 Mon - Fri: 8.30 - 5.00 Sat: 8.30 - 12.00</p>	<p><b>Midland</b> 21-23 Victoria Street Ph: 9250 2829 Fax: 9250 2254 Mon - Fri: 8.30 - 5.00 Sat: 8.30 - 12.00</p>	<p><b>Westminster</b> 476 Wanneroo Road Ph: 9241 2222 Fax: 9349 4122 Mon - Fri: 8.30 - 5.00</p>
<p><b>Morley</b> Cnr Walter &amp; Collier Roads Ph: 9375 9055 Fax: 9375 9008 Mon - Fri: 8.30 - 5.00</p>		

PRC3276



A GUIDE FOR PATIENTS

## Barium Enema

For information regarding your appointment, please see the back of this leaflet.



Leaders In Medical Imaging  
[www.perthradclinic.com.au](http://www.perthradclinic.com.au)



Leaders in Medical Imaging  
[www.perthradclinic.com.au](http://www.perthradclinic.com.au)

# What is a Barium Enema?

A barium enema is an investigation of the large bowel. This leaflet intends to explain what the examination involves. For this examination to be satisfactory, it is very important that you follow the given instructions very carefully.

## Before the Barium Enema

It is extremely important that your large intestine (colon) is completely clean so that the Radiologist may have a clear view. At the time of booking the examination staff will tell you when the examination is to be performed and explain the necessary dietary requirements.

The instructions you are asked to follow and the laxatives to be taken are to clear the large intestine (colon) of faecal material. The presence of such material may appear similar to a tumour or polyp (growth) in the intestine and if a large amount of faeces is present the examination may have to be repeated.

## Preparation

Before the barium enema, the diet is restricted to enable the bowel to be completely cleared of residue, otherwise the examination is not effective. Please contact our clinic to arrange your preparation and appointment time.

### Two days before examination

You must stop eating all fruits including fruit yoghurts, nuts plus any food that may contain fruit.

### One day before the examination

No solid foods, no milk or milk products allowed. Drink only \*approved clear liquids for breakfast, lunch and dinner.

### How long will the procedure take?

The whole examination usually takes approximately 30 mins.

## First dose

**5.00pm.** Mix sachet of ColonLYTELY with 1 litre of water. Over the next hour or so, drink a glassful of this solution every 10 to 15 minutes. If you feel nauseated or bloated, slow down and drink a glassful every 20 minutes, until it has been completed. You should have loose motions within 1 to 3 hours.

## Second dose

**6.00pm.** Add the entire contents of ONE sachet of PICOLAX into a glassful (approximately 120mls) of chilled water. Stir until the effervescence (bubbles) ceases. Drink the mixture gradually and completely. This may be followed by many glassfuls of water or \*approved clear fluids as desired in order to satisfy your thirst.

## Third dose

**7.00pm.** Add the entire contents of ONE sachet of PICOLAX into a glassful (approximately 120mls) of chilled water. Stir until the effervescence ceases. Drink the mixture gradually and completely.

This can be followed by as many glassfuls of water or \*approved clear fluids as desired in order to satisfy thirst.

This preparation may cause multiple bowel motions and usually induces frequent loose bowel movements within 3 hours of taking a dose. Please remain within easy reach of toilet facilities. Some intestinal cramping is normal.

Drink only \*approved clear fluids for dinner.

## Day of examination

Morning Procedure - From midnight sips of clear fluid can be taken to quench thirst.

### \*Approved clear fluids:

Water, clear fruit juices (apple), jelly, black tea or coffee (no milk), Bonox, Lucozade, barley sugar, fruit cordials, clear broth or clear bouillon.

Individual responses to laxatives may vary.



## Procedure

During the Barium Enema you will be asked to lie on the x-ray table and a soft flexible lubricated enema tube is inserted into your back passage by the nurse and strapped into place with tape.

The barium is then run slowly into the large bowel and the specialist (Radiologist) watches the passage of the barium on a special viewing screen.

Often a small injection will be given into one of the veins of your arm to help relax your bowel. This may cause temporary blurring of vision and you should not drive a car until your vision has returned to normal. Please inform the nurses and/or doctor if you suffer from glaucoma or heart disease.

Barium is initially run in and then air is added and this causes a "bubbling" sensation in your abdomen. It is important to retain the barium and air until the end of the examination. You will be placed in different positions on the x-ray table and x-ray images will be taken of the large bowel.

## After the Barium Enema

Barium passes quickly through the large bowel and drinking plenty of fluids will help its passage through the colon to remove it. You will be given a mild laxative to take home with you to overcome the possible constipating effect of the barium. Your bowel actions may be white for some days following the procedure.