



The Perth Radiological Clinic Difference

- > 19 Convenient locations
- > Caring, helpful and professional staff
- > State of the art diagnostic equipment
- > Over 60 specialist radiologists, trained to provide you with accurate and reliable results
- > World class digital imaging networking between clinics provides the benefit of second opinions from specialist radiologists, no matter which of our clinics you attend.

For more information about any of our services, please visit our website:

www.perthradclinic.com.au

An appointment has been made for you

Location _____

Time _____

Date _____

Nuchal Translucency Test Location Guide

Armadale

3056 Albany Hwy
Ph: 9391 2010
Fax: 9391 2019
Mon - Fri: 8.30 - 5.00

Beldon

Cnr Ocean Reef Rd & Eddystone Ave
Ph: 9307 8088
Fax: 9307 8115
Mon - Fri: 9.00 - 5.00

Belmont

6/321 Abernethy Road
Ph: 9277 2111
Fax: 9277 3433
Mon - Fri: 9.00 - 5.00

Bentley Hospital

Mills Street
Ph: 9458 1373
Fax: 9350 5644
Mon - Fri: 8.30 - 5.00
Sat: 8.30 - 12.00

Bethesda Hospital

25 Queenslea Drive
Claremont
Ph: 9286 0400
Fax: 9286 0430
Mon - Fri: 8.30 - 5.00

Booragoon

260 Leach Highway
Ph: 9317 8488
Fax: 9317 8368
Mon - Fri: 8.30 - 5.00
Sat: 8.30 - 12.00

Gosnells

122-126 Stalker Road
Ph: 9394 9966
Fax: 9394 9960
Mon - Fri: 8.30 - 5.00

Innaloo

8 Odin Road
Ph: 9445 9888
Fax: 9445 9808
Mon - Fri: 8.30 - 5.00

Joondalup

Reid Promenade
Ph: 9400 0600
Fax: 9300 2856
Mon - Fri: 8.30 - 5.00
Sat: 8.30 - 12.00

JHC

Shenton Ave
Ph: 9400 0500
Fax: 9400 9033
Mon - Fri: 8.30 - 5.00

Kalamunda

Elizabeth Street
Ph: 6293 1799
Fax: 6293 1781
Mon - Fri: 8.30 - 5.00

Midland

21-23 Victoria Street
Ph: 9250 2829
Fax: 9250 2254
Mon - Fri: 8.30 - 5.00
Sat: 8.30 - 12.00

Morley

Corner Collier and Walter Roads
Ph: 9375 9055
Fax: 9375 9008
Mon - Fri: 8.30 - 5.00

Mount Hospital

L2 140 Mounts Bay Rd
Perth
Ph: 9424 4600
Fax: 9424 4630
Mon - Fri: 8.00 - 5.30
Sat: 9.00 - 12.00

Nollamara

217 Wanneroo Road
Ph: 9344 1632
Fax: 9440 4420
Mon - Fri: 8.30 - 5.00
Sat: 8.30 - 12.00

Rockingham

215 Willmott Dve
Waikiki
Ph: 9592 1222
Fax: 9592 9893
Mon - Fri: 8.30 - 5.00
Sat: 8.30 - 12.00

South Perth

1 Burch Street
Ph: 9474 7600
Fax: 9474 7630
Mon - Fri: 8.30 - 5.00

Subiaco

127 Hamersley Rd
Ph: 9380 4888
Fax: 9380 4188
Mon - Fri: 8.30 - 5.00

Westminster

4/476 Wanneroo Road
Ph: 9241 2222
Fax: 9349 4122
Mon - Fri: 8.30 - 5.00



A GUIDE FOR PATIENTS

Nuchal Translucency Test

For information regarding your appointment, please see the back of this leaflet.



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www.perthradclinic.com.au



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What is a Nuchal Translucency Test?

The Nuchal Translucency Test is a relatively simple, low risk test, which is the most sensitive non-invasive means currently available to detect Down Syndrome. It involves two tests, a blood test and an ultrasound. Down's screening tests do not provide a diagnosis, but instead group women as low risk or high risk. Women at high risk are offered further tests.

Why choose the Nuchal Translucency Test?

The Nuchal Translucency Test offers several advantages over the triple test.

The Nuchal Translucency Test is done earlier, at 12 weeks gestation, rather than the Triple Test which is done at 16 weeks gestation. To the patient, this means earlier knowledge that a fetal abnormality is unlikely.

The Nuchal Translucency Test is far more accurate than the Triple Test. It detects approximately 90% of Down's pregnancies as opposed to 65-70% with the older Triple Test.

What is Nuchal Translucency?

The Nuchal Translucency is the thickness of the soft tissues at the nape of the neck. This is measured during an Ultrasound examination and, together with a blood test, is used to assess the risk of a fetus having Down Syndrome.

Are there any side-effects?

No, the Nuchal Translucency Test is a non-interventional examination performed using Ultrasound, and presents no risk to mother or fetus. X-rays are not utilised in this examination.

Is it dangerous?

No, this examination is very safe. Ultrasound waves are used which are safe for both mother and fetus. They have been used for many years in obstetric examinations.

What preparation is required?

The preparation is very simple and straightforward. You are required to drink 1 (one) litre of water between 90 and 60 minutes before the examination commences. This is done to fill your bladder, which will allow optimum visualisation of the fetus.

What is involved?

There are two parts involved in the Nuchal Translucency Test:

1. An Ultrasound examination which we perform at Perth Radiological Clinic between 11 weeks 3 days and 13 weeks 6 days (preferably 12 weeks) gestation. During the Ultrasound examination the Nuchal Translucency is measured. This will take approximately 30 minutes.
2. A blood test. Perth Radiological does not organise for the blood samples to be taken for this test. This should be organised by your referring doctor. Please ensure your doctor gives you a Pathology request form for this particular blood test and notes on this form where you will be having your Ultrasound. This blood test can be performed as early as 8 weeks gestation, however this will vary depending on the Pathology company your Doctor has sent you to.

What happens after the test?

The blood sample results are forwarded from the Pathology laboratory to Perth Radiological Clinic, and together with the results from the Ultrasound examination are then processed in our computer which has a specific state-of-the-art diagnostic programme for fetal risk assessment. The results are then forwarded to your referring Doctor. The results are not available from Perth Radiological Clinic.



A further ultrasound may be performed at 19 weeks to examine the baby's anatomy in more detail.

How do I make an appointment?

- > Contact your nearest Perth Radiological Clinic. All the sites with contact numbers are shown on the back of this brochure.
- > Advise the reception staff that you require an Ultrasound examination with a Nuchal Translucency Test.
- > You will be booked in when you are between 11 weeks 3 days and 13 weeks 6 days pregnant.
- > Please bring your blood test results with you if you have them. This should have been performed prior to your ultrasound.
- > If you are unable to attend an appointment please advise Perth Radiological Clinic as soon as possible.

Please bring any previous X-rays with you on the day of your examination. If you have any questions please do not hesitate to ask us!