



The Perth Radiological Clinic Difference

- > 19 Convenient locations
- > Caring, helpful and professional staff
- > State of the art diagnostic equipment
- > Over 60 specialist radiologists, trained to provide you with accurate and reliable results
- > World class digital imaging networking between clinics provides the benefit of second opinions from specialist radiologists, no matter which of our clinics you attend.

For more information about any of our products or services, please visit our website:
www.perthradclinic.com.au

An appointment has been made for you

Location _____

Time _____

Date _____

Mammogram Location Guide

Bentley Hospital

Mills Street
 Ph: 9458 1373
 Fax: 9350 5644
 Mon - Fri: 8.30 - 5.00
 Sat: 8.30 - 12.00

Bethesda Hospital

25 Queenslea Drive
 Claremont
 Ph: 9286 0400
 Fax: 9286 0430
 Mon - Fri: 8.30 - 5.00

Booragoon

260 Leach Highway
 Ph: 9317 8488
 Fax: 9317 8368
 Mon - Fri: 8.30 - 5.00
 Sat: 8.30 - 12.00

Innaloo

8 Odin Road
 Ph: 9445 9888
 Fax: 9445 9808
 Mon - Fri: 8.30 - 5.00

Joondalup

Reid Promenade
 Ph: 9400 0600
 Fax: 9300 2856
 Mon - Fri: 8.30 - 5.00
 Sat: 8.30 - 12.00

JHC

Shenton Ave
 Ph: 9400 0500
 Fax: 9400 9033
 Mon - Fri: 8.30 - 5.00

Midland

21-23 Victoria Street
 Ph: 9250 2829
 Fax: 9250 2254
 Mon - Fri: 8.30 - 5.00
 Sat: 8.30 - 12.00

Nollamara

217 Wanneroo Road
 Ph: 9344 1632
 Fax: 9440 4420
 Mon - Fri: 8.30 - 5.00
 Sat: 8.30 - 12.00

Rockingham

215 Willmott Dve
 Waikiki
 Ph: 9592 1222
 Fax: 9592 9893
 Mon - Fri: 8.30 - 5.00
 Sat: 8.30 - 12.00

South Perth

1 Burch Street
 Ph: 9474 7600
 Fax: 9474 7630
 Mon - Fri: 8.30 - 5.00

Mount Hospital

L2 140 Mounts Bay Rd
 Perth
 Ph: 9424 4600
 Fax: 9424 4630
 Mon - Fri: 8.00 - 5.30
 Sat: 9.00 - 12.00



A GUIDE FOR PATIENTS

MAMMOGRAM Breast X-ray

For information regarding your appointment, please see the back of this leaflet.



Leaders In Medical Imaging
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What is a Mammogram?

A mammogram is a low-dose x-ray of the breast. Mammograms are performed for two major reasons. Firstly, in women with breast symptoms, to detect a possible cause for their symptoms (diagnostic mammogram). The second reason is to detect early signs of breast cancer in women who do not have breast symptoms (screening mammogram).

The x-ray dose from a mammogram is very low. It has not been proven to cause any harmful effects.

How is a Mammogram performed?

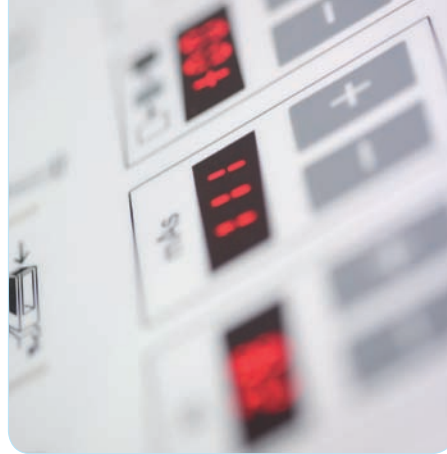
The mammogram is performed by a specially trained, experienced female radiographer.

You will be required to undress to the waist and given a loose-fitting gown to wear.

Each breast will be positioned between two flat plates and compressed. The compression will be firm and may be uncomfortable. However, it should only last a few seconds whilst the x-ray is taken. The compression helps make the breast a uniform thickness which makes the image clearer and minimises the x-ray dose to the breast tissue.

Initially, two images will be taken of each breast. Further images may be required.

The mammogram appointment time is usually 15 minutes. Longer will be needed if you have breast implants.



After your mammogram

The images will be reviewed and reported by at least one radiologist. Typically, the results will be sent directly to your referring doctor.

Preparation

When making your appointment, please let us know if you have breast implants as we will need to make sure you have a longer appointment time.

If your breasts are tender just before your period, it may be more comfortable for you to make an appointment for just after your period.

On the day:

- > Bring all previous mammograms and breast ultrasounds
- > Wear a two piece outfit
- > Please do not wear talcum powder or deodorant as this may show up as an abnormality on your mammogram
- > Please let your radiographer know if you may be or are pregnant

Who should have a mammogram?

The risk of breast cancer increases with age, especially after the age of 50 years. It is suggested that women over the age of 40 years without breast symptoms have a screening mammogram every two years. There is no proven benefit for women under 40 years to have routine screening mammograms.

Annual screening mammograms are only suggested if you have had breast cancer previously or have a very strong family history of breast cancer (i.e. multiple affected family members). Your doctor can tell you if you are in the latter group.

If you have breast symptoms, your doctor will indicate whether you should have a mammogram.

Please bring any previous mammograms and breast ultrasounds with you on the day of your examination. If you have any questions please don't hesitate to ask us!