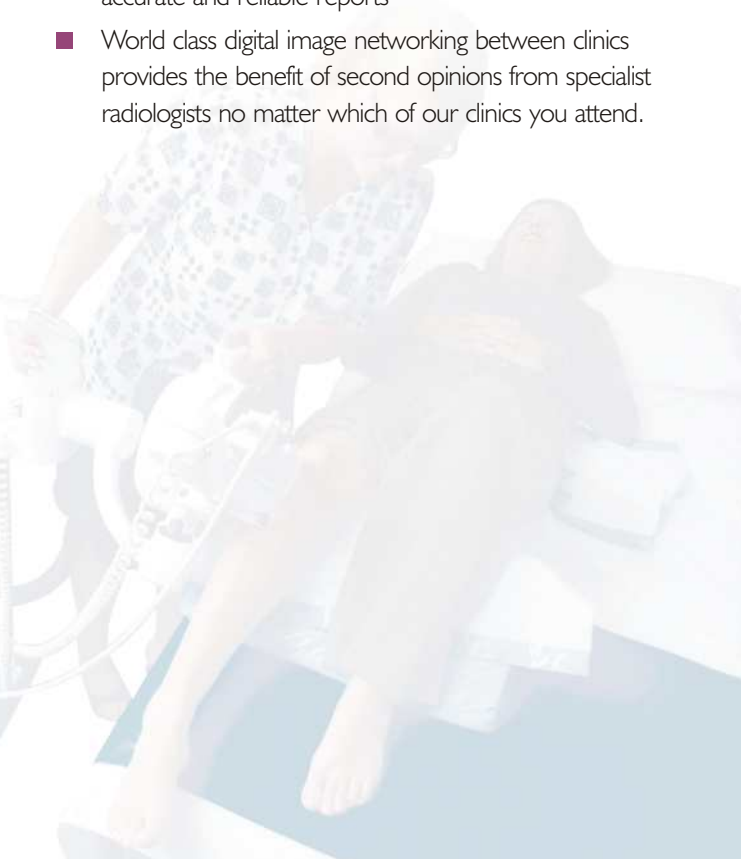




### The Perth Radiological Clinic Difference

- 15 convenient locations
- Caring, helpful and professional staff
- State-of-the-art diagnostic equipment
- Over 40 specialist radiologists trained to provide you with accurate and reliable reports
- World class digital image networking between clinics provides the benefit of second opinions from specialist radiologists no matter which of our clinics you attend.



## Extracorporeal Shock Wave Therapy (ESWT) Location Guide

### SUBIACO

Magnetic Resonance Centre  
 127 Hamersley Road, Subiaco WA 6008  
 Ph: (08) 9380 4888 Fx: (08) 9380 4188  
 Monday - Friday 8.30 - 5.00



- Shock Wave Therapy · Digital X-Ray · Ultrasound
- Multislice CT · Doppler · FNA
- Nuclear Medicine · MRI
- OPG · Dentascan · Lat Ceph



[www.perthradclinic.com.au](http://www.perthradclinic.com.au)



## Extracorporeal Shock Wave Therapy (ESWT)



### A Guide for Patients

An appointment has been made for you

At: .....

Time: .....

Date: .....

Please bring all your previous medical imaging studies with you.  
 If you cannot keep your appointment please let us know well in advance.



Leaders in Medical Imaging

## Ultrasound Guided Extracorporeal Shock Wave Therapy (ESWT)



Extracorporeal Shock Wave Therapy (ESWT) is available in Western Australia from Perth Radiological Clinic.

It is used for the treatment of:

- Plantar Fasciitis (**Painful Heel**)
- Achilles Tendinopathy
- Patellar Tendinopathy (**Jumper's Knee**)
- Lateral Epicondylitis (**Tennis Elbow**)
- Medial Epicondylitis (**Golfer's Elbow**)
- Calcific Tendinitis of the shoulder.

### What is ESWT?

The full name is Ultrasound guided Extracorporeal Shock Wave Therapy (ESWT). This has been used in Germany since the early 1990's. ESWT is a non-invasive alternative to conventional conservative methods and surgery for the treatment of these painful conditions.

### Will ESWT treat you?

If you have symptoms including pain, and an abnormality has been shown on an ultrasound scan, this treatment should be suitable.

### What are the advantages of ESWT?

- It is non-invasive.
- You can go home immediately after completion of this treatment.
- No anaesthesia is required.
- Treatment is brief.

### About the examination

Generally three treatments, at weekly intervals, are required. The first appointment may take an hour to allow the operator to explain the full procedure; subsequent appointments will only take 30 minutes.

The treatment is very simple. The part of the body to be treated is placed against the head of the machine. The head has a soft rubber pillow on the top of it. Then an energy wave is sent to that same area. The wave of energy is felt as a pulse.

### ESWT information

Following treatment you may sometimes experience worsening of the symptoms and pain relief may be required, i.e. Paracetamol. If you are taking anti-inflammatories you may wish to ask your Doctor if it is possible to stop using them during the treatment. This will allow you to access the true benefits of the ESWT treatment. At very high energy levels slight bruising may occur.

If any of the following apply to you please contact us:

- Bleeding disorders
- Pregnancy
- Children with unfused epiphyses
- Cardiac Pacemakers
- Local infections or malignancies

### How to get ESWT done

A Doctor's referral is required for your initial diagnostic ultrasound scan. This scan will determine if this type of therapy is appropriate for your problem. This does not form part of the ESWT and is billed separately. However, the majority of the cost is covered by Medicare.

If you then decide to proceed with the ESWT treatment a further referral is not required.

### Fees. What is the cost?

The majority of the fee for the initial diagnostic ultrasound scan is covered by Medicare.

ESWT is currently not covered under Medicare or Private Health Funds. Workers' Compensation cases are dealt with on an individual basis.

### What is involved?

The first visit for shock wave therapy (ESWT), takes approximately one hour.

Subsequent ESWT treatments, may take up to thirty minutes.

**If you have any questions please don't hesitate to ask us!**