



Often a small injection into one of the veins of your arm will be given to relax your bowel. This may cause temporary blurring of vision. You should not drive a car until your vision has returned to normal.

Barium is run in, then air is added and this causes a "bubbling" sensation. It is important to retain the barium and air until the end of the examination. You will be placed in different positions on the x-ray table and x-ray images will be taken of the large bowel.

How long will the procedure take?

The whole examination usually takes approximately 30 minutes.

After the Barium Enema

Barium passes quickly through the large bowel. Drinking plenty of fluids will help to remove it. You will be given a mild laxative to take home with you to overcome the constipating effect of the barium.

Your bowel actions may be white for some days following the procedure.

The Perth Radiological Clinic Difference

- 15 convenient locations
- Caring, helpful and professional staff
- State-of-the-art diagnostic equipment
- Over 40 specialist radiologists trained to provide you with accurate and reliable reports
- World class digital image networking between clinics provides the benefit of second opinions from specialist radiologists no matter which of our clinics you attend.

If you have any questions please don't hesitate to ask us!

ARMADALE

The Medical Centre Building
 3056 Albany Hwy
Ph: 9391 2010
 Fx: 9391 2019
 Mon - Fri 8:00 - 5:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler · FNA
- Interventional Radiology
- OPG
- Lat Ceph

Service available to Emergency
 Department patients after hours

BELDON

Cnr Ocean Reef Rd & Eddystone Ave
Ph: 9307 8088
 Fx: 9307 8115
 Mon - Fri 9:00 - 5:00

- Digital X-Ray
- OPG
- Lat Ceph

BENTLEY HOSPITAL

Bentley Health Service (B Block)
 Mills Street, Bentley
Ph: 9458 1373
 Fx: 9350 5644
 Mon - Fri 8:30 - 5:00
 Sat 8:30 - 12:00

- Digital X-Ray · Ultrasound
- Multislice CT
- Doppler · FNA
- Interventional Radiology
- Bone Densitometry
- Mammogram
- Nuclear Medicine · OPG
- Dentascan · Lat Ceph

BETHESDA HOSPITAL

25 Queenslea Drive Claremont
Ph: 9286 0400
 Fx: 9286 0430
 Mon - Fri 8:30 - 5:00

- Digital X-Ray · Ultrasound
- Multislice CT
- Doppler
- Bone Densitometry
- Mammogram
- OPG · Lat Ceph

BOORAGOON

260 Leach Highway (Cnr Norma Rd)
Ph: 9317 8488
 Fx: 9317 8368
 Mon - Fri 8:30 - 5:00
 Sat 8:30 - 12:00

- Digital X-Ray · Ultrasound
- Multislice CT
- Doppler · FNA
- Bone Densitometry
- Mammogram
- OPG · Dentascan
- Lat Ceph

INNALOO

8 Odin Rd Innaloo
Ph: 9445 9888
 Fx: 9445 9808
 Mon - Fri 8:30 - 5:00

- Digital X-Ray · Ultrasound
- Multislice CT · Doppler
- FNA · Mammogram
- OPG · Dentascan
- Lat Ceph

JOONDALUP

Joondalup Radiology
 Reid Promenade
Ph: 9400 0600
 Fx: 9300 2856
 Mon - Fri 8:30 - 5:00
 Sat 8:30 - 12:00

- Digital X-Ray · Ultrasound
- Multislice CT
- Doppler · FNA
- Bone Densitometry
- Mammogram
- OPG · Dentascan
- Lat Ceph

JOONDALUP HEALTH CAMPUS

Shenton Ave
Ph: 9400 9850
 (Appointments)
 Fx: 9400 9033
 Mon - Fri 8:30 - 5:00

- Digital X-Ray
- Ultrasound
- Multislice CT · Doppler
- Interventional Radiology
- Mammogram · MRI
- OPG
- Lat Ceph

Service available to Emergency
 Department patients after hours

Nuclear Medicine
 Joondalup Health Campus

Shenton Ave
Ph: 9400 9830 (Appointments)
 Fx: 9400 9833
 Mon - Fri 8:30 - 5:00



Location Guide

MIDLAND

Victoria Street Radiology
 21-23 Victoria St
Ph: 9250 2829
 Fx: 9250 2254
 Mon - Fri 8:30 - 5:00
 Sat 8:30 - 12:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler · FNA
- Bone Densitometry
- Mammogram
- Nuclear Medicine
- OPG · Dentascan
- Lat Ceph

NOLLAMARA

217 Wanneroo Rd (Cnr Morley Dve)
Ph: 9344 1632
9349 9139
 Fx: 9440 4420
 Mon - Fri 8:30 - 5:00
 Sat 8:30 - 12:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler · FNA
- Bone Densitometry
- Mammogram
- OPG · Dentascan
- Lat Ceph

PARMELIA

Cnr Sutherland Pde & Parmelia Ave
Ph: 9419 6566
 Fx: 9419 7861
 Mon - Fri 9:30 - 5:00

- Digital X-Ray
- OPG
- Lat Ceph

ROCKINGHAM

215 Willmott Dve Waikiki
Ph: 9592 1222
 Fx: 9592 9893
 Mon - Fri 8:30 - 5:00
 Sat 8:30 - 12:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler · FNA
- Bone Densitometry
- Mammogram
- OPG · Dentascan
- Lat Ceph
- Nuclear Medicine

SOUTH PERTH

South Perth Hospital
 1 Burch Street
Ph: 9474 7600
 Fx: 9474 7630
 Mon - Fri 8:30 - 5:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler
- Mammogram
- OPG

SUBIACO

Magnetic Resonance Centre
 127 Hamersley Rd
Ph: 9380 4888
 Fx: 9380 4188
 Mon - Fri 8:30 - 5:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler · FNA
- Nuclear Medicine
- MRI
- Shock Wave Therapy
- OPG · Dentascan
- Lat Ceph

THE MOUNT HOSPITAL

Mount Medical Centre Level 2
 140 Mounts Bay Rd Perth
Ph: 9424 4600
 Fx: 9424 4630
 Mon - Fri 8:00 - 5:30
 Sat 9:00 - 12:00

- Digital X-Ray
- Ultrasound
- Multislice CT
- Doppler
- FNA
- Interventional Radiology
- Mammogram
- MRI



Barium Enema



A Guide for Patients

An appointment has been made for you

At:

Time:

Date:

Please bring all your previous medical imaging studies with you.

If you cannot keep your appointment please let us know well in advance.



Leaders in Medical Imaging

www.perthradclinic.com.au

Barium Enema



What is a Barium Enema?

A barium enema is an investigation of the large bowel. This leaflet is intended to explain what the examination involves.

For this examination to be satisfactory, it is very important that you follow the instructions given very carefully.

Before the Barium Enema

It is important that your bowel is completely clean so that the Radiologist may have a clear view. At the time of booking the examination staff will tell you when the examination is to be performed and explain the dietary requirements.

The instructions you are asked to follow and the laxatives to be taken are to clear the colon (large intestine) of faecal material.

The presence of such material can be mistaken for tumours (growths) in the intestine and if a large amount of faeces is present the examination may have to be repeated.

Preparation

Before the barium enema, the diet is restricted to enable the bowel to be completely cleared of residue, otherwise the examination is not effective. Please contact our Clinic to arrange your preparation and appointment time.

Two days before examination

You must stop eating all fruits including: fruit yoghurts, nuts plus any food containing fruits.

One day before examination

No solid foods, no milk or milk products allowed. Drink only *approved clear liquids for breakfast, lunch and dinner.

1. First dose:

5.00pm Mix sachet of ColonLYTELY with 1 litre of water. Over the next hour or so, drink a glassful of this solution every 10 to 15 minutes. If you feel nauseated or bloated, slow down and drink a glassful every 20 minutes, until it has been completed. You will have loose motions within 1 to 3 hours.

2. Second dose:

6.00pm Add the entire contents of ONE sachet of PICOLAX into a glassful (approximately 120mls) of chilled water. Stir until effervescence ceases. Drink the mixture gradually and completely.

This can be followed by as many glassfuls of water or *approved clear fluids as desired in order to satisfy thirst.

3. Third dose:

7.00pm Add the entire contents of ONE sachet of PICOLAX into a glassful (approximately 120mls) of chilled water. Stir until effervescence ceases. Drink the mixture gradually and completely.

This can be followed by as many glassfuls of water or *approved clear fluids as desired in order to satisfy thirst.

This prep may cause multiple bowel movements. It usually induces frequent, loose bowel movements within only 3 hours of taking a dose. Please remain within easy reach of toilet facilities. Some intestinal cramping is normal.

Drink only *approved clear fluids for dinner.

4. Day of examination

Morning Procedure

From midnight, sips of clear fluid can be taken to quench thirst.

* Approved clear fluids:

Water • clear fruit juices (apple) • jelly • black tea or coffee (no milk) • Bonox • Lucozade • barley sugar • fruit cordials • clear broth or clear bouillon.

Unless you are a diabetic, please have barley sugar, liquid glucose or some form of sugar drink during this preparation.

Individual responses to laxatives do vary.

Procedure

During the Barium Enema you will be asked to lie on the x-ray table and a flexible lubricated enema tube is inserted into your back passage by the nurse and strapped into place with tape.

The barium is then run slowly into the large bowel. The Doctor (Radiologist) watches the passage of the barium on a viewing screen.